



# INSPIRED WOMAN

M A G A Z I N E

## Submission Guidelines for Content and Photographs

Effective September 18, 2019

The mission of Inspired Woman magazine: *“To celebrate, encourage, empower, educate, entertain, and connect women.”*

Please consider this mission statement when submitting an article or photographs.

Inspired Woman is primarily an online publication. Content and themes for each issue are developed by the publisher and members of an advisory board. A team of dedicated writers and photographers is involved in producing the digital content each month.

The publisher will consider, on a case-by-case basis, content submitted by freelance writers and will respond to submissions in a timely manner whenever possible. The publisher notifies a writer if an article is selected for publication.

**Word count:** stories average 300-750 words.

### Format:

- Copies must be submitted by email as an attached Word document. Send to [marci@inspiredwomanonline.com](mailto:marci@inspiredwomanonline.com).
- Handwritten submissions will not be considered.
- Include your contact info, a short bio (40 words maximum), and a headshot.

**Photos:** preferably high-resolution quality, 300 dpi. Pictures taken on a smartphone are acceptable if the quality and clarity are satisfactory to the publisher and designer. The writer is responsible for getting permission from any persons who are photographed and providing signed Model Release Forms. The writer must also provide proof of approval for submitted photos taken by a professional photographer.

**Deadline:** To have a timely or seasonal submission considered for publication, please email it no later than the 10<sup>th</sup> of the month preceding the month you are requesting it for publication.

### Rights of the publisher:

- Inspired Woman, LLC reserves the right to change and edit any submission and to publish all, part, or none of a submitted piece. The publisher determines the final length and word count of each article based on style and content.
- Submission of an article or photo does not guarantee it will be published.
- Inspired Woman magazine owns the first rights to all published stories.
  - Original articles that have been accepted or agreed upon for publication by any writer may not be printed in another publication, posted online by another organization, or shared on social media until after publication in Inspired Woman magazine or at [inspiredwomanonline.com](http://inspiredwomanonline.com) and its social media platforms.
  - Writers may offer the published content to other publications after it has first appeared in Inspired Woman magazine, [inspiredwomanonline.com](http://inspiredwomanonline.com), or its social media platforms. Permission in advance from the publisher is required.
- If an article can be interpreted as an advertisement rather than editorial content and is written by a person representing the business or organization within the content of the article, it will

not be printed or published unless it is part of a previously agreed upon advertorial piece, which requires payment to Inspired Woman, LLC in advance.

**Payment:**

The publisher does not pay writers who submit unsolicited articles. Payment of an article is not guaranteed unless specifically stated by the publisher.

**Suggestions**

We welcome and encourage ideas for stories. Please visit [inspiredwomanonline.com](http://inspiredwomanonline.com) and submit your suggestions by using the form found under the **Contact Us** tab.